

# StairMaster® **BOXMASTER®**



## A TOTAL KNOCKOUT.

BoxMaster is the latest training tool for boxing specialists and fitness enthusiasts alike. Designed by professional boxer Rai Fazio, the BoxMaster is great for improving stamina, coordination, agility and cardiovascular health. Its unique design allows members to throw any punch or combination of punches, with the feel of hitting a focus mitt. This new form of boxing style conditioning excites and encourage greater participation in group fitness training and will help improve member retention by offering an entirely different way to get in shape.

[corehealthandfitness.com](http://corehealthandfitness.com)

## FEATURES



SPRING ARM DESIGN PROVIDES OPTIMAL STRIKE ABSORPTION AND INJURY PREVENTION



INCORPORATE "PUNCHING ROUNDS" WITH "ACTIVE RECOVERY ROUNDS" TO CREATE GROUP PROGRAMS



3 EASY TO USE PINS FOR TOWER HEIGHT ADJUSTMENT



INCLUDES A TOTAL EDUCATION PROGRAM, CLUB MANUAL AND DIGITAL MARKETING KIT. INSTRUCTOR WORKSHOPS ARE AVAILABLE



# BUILT TO FIT YOUR NEEDS



BoxMaster® Tower



Optional Kick Pad



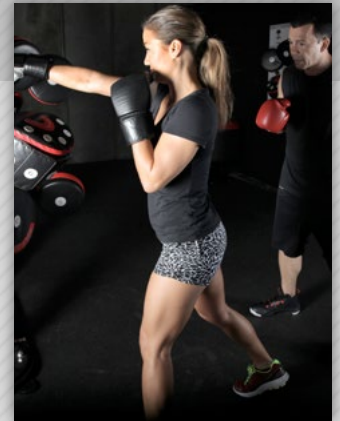
BoxMaster® Tower w/ Base



BoxMaster® Quad

## TRAINING & PROGRAMMING

BoxMaster comes with a total education program including training manual and digital marketing kit. Instructor workshops are available to teach your staff effective training programs that accomplish total body conditioning with an exciting 30 minute, 7 round system. BoxMaster fitness programs can be an effective way to attract new members and generate revenue for your facility.



## TECHNICAL SPECS

Adjustable tower and pads make BoxMaster a perfect fit for heights 5'0" to 6'10" (152.4 cm to 208 cm).

Unit	Model #	Ship Weight	Width	Length	Height
Tower w/ Base	Model K9403	530 lbs (240 kg)	71" (180 cm)	83" (211 cm)	82" (208 cm)
Tower w/o Base	Model K9401	246 lbs (112 kg)	33" (84 cm)	30" (76 cm)	79" (200 cm)
Boxmaster® Quad	Model K9404	1,305 lbs (593 kg)	73" (185 cm)	73" (185 cm)	82" (208 cm)

### DISCLAIMER:

*When sold as a tower only the BoxMaster must be secured to the floor by an area licensed contractor, this is the sole responsibility of the customer and Core Health & Fitness will not be liable for damages or injury resulting from poorly secured towers. User's must always wear protective wrist wraps and hitting gloves while using the BoxMaster.*

## BUILD ON GREATNESS

At **Core Health & Fitness**, when we brought together fitness brands to build our company, we settled for nothing but the best. Four iconic brands that pioneered entire categories and whose machines are still the ones **members ask for by name**. Today, we're committed to continuing the tradition that started decades ago – and that's greatness you can feel good about building your business on.



**CORE HEALTH & FITNESS**